The Alchemy of Illuminated Poetry®

Seven Steps to Your Personal Gold by Xianna Michaels

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The Alchemy of Illuminated Poetry® guides the reader through a seven-step process which uses the technique of drawing with the non-dominant hand to access the intuitive right brain and compose poetry for delight, self-healing and/or connection to the soul. Practitioners create beautiful word-art while transforming whatever they define as the lead in their lives into Personal Gold. This process of spiritual alchemy ultimately becomes a journey of expanded awareness, leaps of intuition and self-transformation.



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